

Return to Netball Rule Modifications

To meet Government guidelines, netball can only be played in line with the following rule modifications:

- 4ft spacing for the start of play – GS and GK are required to start inside their respective goal circles, GA, GD, WA and WD on the transverse line and the centres in the centre third. The modification requires all players to position themselves a minimum of 4ft away from their opposing players and teammates at the start of play. This will be managed by umpires at the start of play.
- 4ft marking – the defending distance has been increased from 3ft to 4ft. Particular attention must be paid in the circle when defending. This will be blown as distance.
- 4ft position of penalised player- penalised players for major infringements are required to position beside the player they infringed but from a distance of 4ft. This will be managed by umpires when an infringement occurs.
- Removal of toss ups – No toss ups are permitted, the team who had the ball directly before the action that caused the toss up to be awarded will retain possession. The umpire will briefly hold time, instruct the ball to be returned to the relevant team and play will be restarted on the umpire's whistle.
- Removal of idle interactions – Players not engaged in play or who are stood still are required to be positioned 4ft away from another player. This frequently happens on the circle edge, on the transverse line, whilst walking back to centre pass and returning to the team bench at the end of a quarter. Managed by umpires and supported by players and coaches.